



Report on

Extension Activity for Villagers- Cleaning and Cooking Properly

In collaboration with NSS

Session -II

Date and Time: Thursday, 6th September 2022, 11:00 am.

Venue: Ghamroj Village, Gurugram, Haryana

Event type: Extension Activity

Mode of Activity: Offline

Target Group: Residents of Village Ghamroj

Coordinators: Ms. Jyoti Sehrawat

Organized by: School of Hotel Management & Catering Technology in collaboration with NSS

Number of Participants: 25 (village women and students)

Introduction:

School of Hotel Management & Catering technology conducted an extension Activity, on 6th September 2022. The activity was on continuous session on "Cleaning and cooking properly- Sanitary Kitchen Practices, Washing and Cleaning Vegetables session -II. The activity was aimed to make people practice different sanitary kitchen practices and importance of hygiene especially covid era to protect themselves and their family through occurrence any bacterial or viral infections from unhygienic practices in the kitchen.

Objectives

- To create awareness in Ghamroj village about the importance of cleanliness, maintenance in kitchen, especially keeping their utensils, stoves, shelves and kitchen sanitized.
- To examine if the residents are paying attention on the practices that were told to them last week in the first session
- To develop learning among students to survey for sanitary practices.

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Content

In today's world when sanitization, cleanliness and hygiene are of more importance than luxury and beauty, the team of SOHMCT, along with their 1st and 3rd year students visited the Ghamroj Village to teach the residents about the different hygiene practices that they can follow in their kitchens, also checked if the residents were following the information which was given to them earlier by the team in the first visit that they had.

Activity Outcome

The residents of the Ghamroj village learned the importance of sanitizing their home kitchens and why and how can they clean and sanitize their fruits and vegetables.

Also the students learned how the residents of the village keep their vegetables and fruits stored and keep them from getting rancid for a longer period.

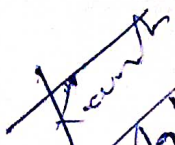
Conclusion

This was a learning session for the students and the residents of the village Ghamroj; they practiced about different methods of cleaning and sanitizing kitchens. They also learnt hygiene practices in their home kitchens.

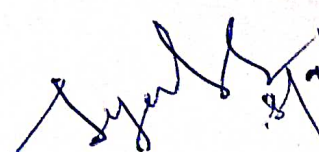
Further Scope:

This was the second session from total of the five visits that the students of SOHMCT did with the faculty in the Ghamroj village and at the end the students and the residents of the village filled out a questionnaire, the questions of the same and the results are attached below. In the next 3 visits, the students along with the faculty would be checking if the residents are following the practices told to them and if they can find any improvement in the village kitchens.


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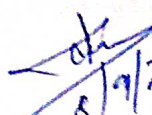

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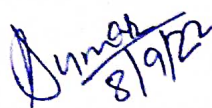


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Photo1: The students at home of villagers at Ghamroj Village.


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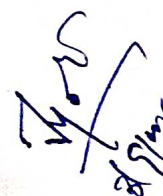


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
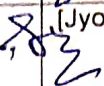
Photo 2: Kitchen inspected by students.


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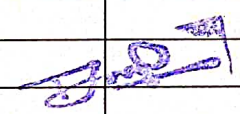
Report prepared by	 [Jyoti, Signature and 06-09-22]
Report verified by Event Coordinator	 [Jyoti, Signature and -06-09-22]
Report Seen by Dean / Club Coordinator / Activity Coordinator/ IQAC Director / Registrar	 [Jyoti, Signature and 06-09-22]


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EDUCATION FOR LIFE
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ATTENDANCE SHEET SOHMCT

VENT- Sanitary Kitchen Practices - Extension Ad. DATE- 06/09/22					
NO	NAME	ROLL NO	COURSE	SEMESTER	SIGNATURE
1	Abhishek	2014760001	BHMCT	II	Abhishek
2	Ishmeetkaur	2014760002	BHMCT	II	Ishmeetkaur
3	Harsh, Garg	2014760003	BHMCT	II	Harsh
4	Simran	2214760003	BHMCT	I	Simran
5	Mahek Sareena	2014760005	BHMCT	II	Mahek
6	Yogesh	2214760007	BHMCT	I	Yogesh
7	Ishu	2214760006	BHMCT	I	Ishu
8	Rudransh	2214760009	BHMCT	I	Rudransh
9	Frederick	2214760008	BHMCT	I	Frederick
10	Rashid	2214760005	BHMCT	I	Rashid
1	Prakati (NSS)	2010610008	NSS	-	Prakati
2	Rahul (NSS)	2010610010	NSS	-	Rahul
3	Anuj (NSS)	2106000000	NSS	-	Anuj
4	Chunbhu (NSS)	2106000006	NSS	-	Chunbhu
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Sumal
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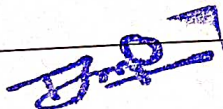
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ATTENDANCE RECORD OF PARTICIPANTS

Date: 6/2/22

Venue: Ghamroo village

S.NO	NAME OF PARTICIPANTS	PHONE NO	SIGNATURE
1	Anika		अनिका
2	Laila		लेला रानी
3	Maya		माया
4	Samira		समिरा
5	Chanda		चंदा
6	Harinder		हरिन्दर
7	Gauri		गौरी
8	Ritika		रितिका
9	Poem Pal		प्रेमपाल
10	Sunder		सुन्दर
11	Kantehma		कान्तेमा


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